

SENIOR WELLNESS MORNING

Senior Wellness Mornings are held at the Fond du Lac Senior Center 151 E. First Street, Fond du Lac

HEARING LOSS: EARLY DETECTION & TREATMENT FRIDAY, AUGUST 9



- DOOR PRIZES
- HANDOUTS
- REFRESHMENTS

*For planning
purposes,
call 322-3630
to pre-register.*

10–11 a.m.

Speaker: Andy Karau

Hearing Instrument Specialist
Avada Audiology & Hearing Care

Andy is a Wisconsin State licensed practitioner, working with Avada for the past 7 years. With integrity and compassion, he is committed to helping the hearing impaired lead a fuller life.



9–10 a.m.

Health Screenings:

- **Blood Pressure**
Generations Home Care & Hospice
- **Blood Sugar (Fast required)**
Lutheran Homes & Health Services
- **Hearing**
Avada Audiology & Hearing Care
- **Tandem Gait Check**
Dr. Scott Suprenand, Wink Chiropractic

Health Info Booths:

- Aging & Disability Resource Center (ADRC)
- Alzheimer's Association
- Arrow Lift (Stair Lifts)
- Brooks Shoes & Repairs
- East Wind Acupuncture
- Generations Home Care & Hospice
- Rehab Arisces

Demonstration:

Country Line Dancing (Mike Seuer, instructor)

Hearing loss is one of the most common conditions affecting older adults. Approximately 17%, or 36 million, of American adults report some degree of hearing loss. There is a strong relationship between age and reported hearing loss: 18% of American adults 45-64 years old, 30% of adults 65-74 years old, and 45% of adults 75 years old, or older, have a hearing impairment. Men are more likely to experience hearing loss than women.

Some people may not want to admit they have trouble hearing. Older people who can't hear well may become depressed or may withdraw from others to avoid feeling frustrated or embarrassed about not understanding what is being said. Sometimes older people are mistakenly thought to be confused, unresponsive, or uncooperative just because they don't hear well. Hearing problems that are ignored or untreated can get worse. If you have a hearing problem, you can get help. Learn the effects of hearing loss and how early detection and treatment can help you lead a fuller life.

If you suffer from hearing loss, you may be eligible for compensation, including money for hearing aids, if the hearing loss was at least partially caused by your work. Andy will also discuss the Worker's Compensation process and the eligibility criteria to submit a claim.

This month's Senior Wellness Morning is sponsored by **AVADA AUDIOLOGY & HEARING CARE**